Difficult airway management is one of the greatest challenges and responsibilities that the anesthesiologist will always face. No matter how well trained or experienced he/she is, cases in which airway instrumentation will prove problematic will always exist.

The most important aspect of the successful approach in such cases is the preliminary training for that situation [1, 2]. Often, in crisis situations, when facing a problematic patient, it may be too late to ensure the availability of adequate equipment and it could prove difficult to set up a reserve plan or find alternative strategies.

The difficult airway (difficult intubation) is defined according to the American Society of Anesthesiologists (ASA) standards as the tracheal intubation that requires more than three attempts performed by an experienced anesthesiologist. In 1993, the first ASA guidelines on difficult airway management were published; since then, they have also been updated. In 2013, and by the end of 2015, the Difficult Airway Society (DAS) will publish guides for the approach of unplanned difficult airways in adults [3].

Difficult Airway Management is based on an algorithm (protocol) that includes different combinations or options that depend on the status of the patient at some point during the procedure. Equipment and devices (probes, masks, mandrels, etc.) are varied, but they all have the same ultimate goal: to ensure fast and safe airway approach. The new guides consist of a series of sequential (A-D) plans that can be used if tracheal intubation fails and focus on ensuring adequate oxygenation of the patient in these situations, limiting the number of attempts to track the pathway in order to reduce the incidence of complications.

Plan A - Key Elements:
1. Correct position of the patient
2. Pharmacological optimization; correct choice of induction drugs
3. Appropriate pre-oxygenation
4. Videolaryngoscopy (novelty element) - provides better view of the glottis space;

5. MAXIMUM 3 attempts at laryngoscopy
If Plan A Fails -

Plan B - key elements:
1. Maintaining oxygenation
2. Declare difficult intubation and ask for help
3. Supraglottis devices (e.g., the standard laryngeal mask or the 2nd generation of masks type)
4. MAXIMUM 3 attempts to apply the supraglottis device
If plan B fails -

Plan C
1. Declared impossible ventilation via supraglottis device, flexible fibroscopic examination Bonfils (Karl Storz), use Proseal LMA or LMA Supreme [4]
2. Facial mask oxygenation: if possible, the patient is woken up
3. If ventilation and oxygenation are not possible with all the measures presented above, the patient should be cleansed and oxygenation efforts will continue and he will be declared CICV (can’t intubate, can’t ventilate) and apply plan D

Plan D
1. A didactical access technique with a scissor blade or with blade no. 10, via the intercricothyroid membrane will be performed
2. A balloon intubation probe of the largest caliber will be placed through the incision
3. Ventilation is not recommended through the small-diameter cannula inserted through the intercricothyroid incision
4. The technique should be known by any anesthesiologist and should be exercised periodically

Experimental part

Huge tumor mass arising from the hypo pharynx will majorly modify the anatomy of the region [5]. In most of the cases the glottis plan will be impossible to see because the tumor mass will cover it. This is especially problematic for problematic for pharyngolaryngeal tumors, where the local anatomy is significantly modified and the available

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space is narrow [6,7]. Although in such cases, often inoperable, systemic and local delivered chemotherapy may associate positive results under the supervision of the oncologist [8], the challenge for these patients is to obtain a biopsy. Current intubation laryngoscopes do not permit pushing away the tumor from the glottis plan in order to see and approach the airway (fig. 1 and fig. 2). Those type of tumors will usually bleed in when they are manipulated.

We designed a special instrument to approach the airways in cases of large tumors that are covering the glottis plan and make the intubation of the airway difficult or impossible.

The design of the instrument is a conical tube, larger in the proximal part and smaller in the distal part. The tube has a reverse U shaped section. A 140 mm handle is placed in the proximal part of the tube in order to push the tube into the patient’s mouth, and by applying traction to the tube the anesthesiologist is able to suspend the larynx in order to expose the vocal cord and to slide the intubation tube into the tracheal area (fig. 3).

The reversed U shaped section of the tube will give the anesthesiologist the opportunity to push the tumor away from the medial to the lateral part of the pharynx so the laryngeal area can be exposed (fig. 4).

We designed the intubation device in four sizes according to the size of the patient neck.

The large size tube has a length of 18 cm with the 25 mm proximal diameter and 18 mm for the distal diameter of the tube. The small size tube has a length of 19 cm with the 23 mm proximal diameter and 15 mm for the distal diameter of the tube. The extra small size tube has a length of 20 cm with the 24 mm proximal diameter and 13 mm for the distal diameter of the tube.

We propose to construct the intubation device from poly methyl acrylate (PMMA), a well-known common material (fig. 5). It has a light transmission of 92%, so it is colorless and almost transparent. The transparent properties of this material allow the anesthesiologist to see through the device the surrounding anatomy.

The material is resistant to abrasion. The surface is hard and that allows us to push away the tumor from the glottis plan. From the point of view of the sterilization process, the PMMA intubation device can be sterilize both by EtO gas and Gamma radiation.

EtO gas sterilization can be used without affecting the properties of the intubation device. Using Gamma radiation and sterilization method will usually yellow the intubation device, but this is temporary. The PMMA intubation device will maintain all its properties, such as strength, flexural properties, elasticity and elongation ratio.

PMMA is a lightweight material. It is very strong. The density varies between 1.17-1.2 g/cm, that is half of the density of glass. A good impact strength is reported. It ignites at a temperature of 460°C and it will form carbon dioxide, water and carbon monoxide. PMMA is in a high degree compatible with human tissue. Intraocular lenses are manufactured from PMMA.

Results and discussions

We consider that PMMA intubation device will be a valuable tool to instrument the airway in difficult situations. The good strength properties and resistance to abrasion recommends PMMA to be used as a construction material for the intubation device. It is highly compatible with the human tissue and no allergies were reported to PMMA. The lightweight of the device will make it easy to use, mainly in difficult situations. The 92% transmission of the light and colorless properties will allow the anesthesiologist to inspect the hypopharyngeal area and to manipulate gently the tumor in order to prevent bleeding.

Further developments of the device can be made in order to attach a camera as well in order to better see the glottis plan on an LCD monitor.

Conclusions

In conclusion we consider that the PMMA intubation tube with the reversed U shaped section allows the anesthesiologist to gently push away the tumors arising from the hypopharyngeal area. The transparent properties of the PMMA used as constructive material will allow the surgeon to inspect the hypopharyngeal and laryngeal area. Using PMMA to mold the intubation device is a good choice because of the high biocompatibility with the human tissue, with no reported allergies. The material has good strength, allowing the anesthesiologist to apply important forces to suspend the larynx, to visualize the glottis and to intubate the patient. Further developments of the intubation device can be made in order to attach a camera to the tip of the tube in order to visualize the glottis plan and to be able to record images and movies with the intubation. Recording evidences is extremely important, even from the medico-legal point of view.
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